



PATIENT EXAM PREPARATION INSTRUCTIONS:

Arthrogram / Joint Injection:

Stop blood thinner medication 5 days prior. Driver needed.

Barium Enema:

Colon cleansing prep needed. Pick up from us and follow included directions.

Breast biopsy / Thyroid biopsy:

For breast, No deodorant, perfume, powder, or lotions on breasts or underarms breast, The patient must have a driver.

CT Abdomen, Pelvis, and/or Pancreas:

Pick up Barium drink from us. You will need to drink it 2 hours before your exam. Arrive ½ hour before exam for a second drink. Nothing else to eat or drink except necessary medications 4 hours prior to exam.

CTA, CT with contrast:

Nothing to eat or drink for 4 hours prior.

CTA Coronary Arteries:

Same as CT with contrast. No erectile dysfunction drugs for 48 hours prior. No caffeine, decongestants, or antihistamines for 24 hours prior. Arrive at least 1 hour 15 minutes before exam time.

CT Biopsy or Angiogram:

Patient must have driver, nothing to eat or drink except necessary meds after midnight (or 8 hours prior). Arrive 1 hour prior to exam. Bring prior x-rays, CT, angiogram.

CT Enterography:

Clear liquids on the day prior to exam. Nothing to eat or drink except necessary meds the day of exam. Arrive here 1 hour prior to exam for drink.

CT Urogram:

Drink 32 oz. water one to two hours before exam. Nothing to eat for 4 hours prior.

HSG (Hysterosalpingogram):

Driver needed. No intercourse 7-10 days prior. Exam must be performed 7-10 days after start of menstrual cycle.

IVP (Intravenous Pyelogram):

Bowel prep needed. Get a 12 oz. bottle of magnesium citrate from a pharmacy and drink it the evening before your test. Nothing to eat or drink until the test except necessary medication like high blood pressure medicine.

Mammography:

No deodorant, perfume, powder, or lotions on breasts or underarms. These may interfere with the test. Bring prior mammograms.

MRI & MRA:

No pacemakers, aneurysm clips (newer ones may be OK), nerve stimulators, eye injuries from metal.

MRI Prostate:

No pacemakers, aneurysm clips (newer ones may be OK), nerve stimulators, eye injuries from metal. Avoid carbonated drinks 24 hours prior to exam. Nothing to eat or drink 8 hours prior to exam (water and medication is OK). Fleets Enema 3 hours prior to exam time. Patient must pick-up Fleet Enema at local pharmacy. Please bring most recent biopsy and PSA lab results with you to the appointment.

Myelogram/Lumbar Puncture:

Driver needed.

Ultrasound Abdomen, Liver, Gallbladder, Pancreas:

Nothing to eat or drink for 8 hours prior to exam.

Ultrasound - Retroperitoneal/Kidneys:

A full bladder is needed. Drink 24 oz. water one hour prior to exam. Keep bladder full, do not empty bladder until instructed by technologist.

Ultrasound - Pelvis, OB:

A full bladder is needed. Drink 48 oz. of water within thirty minutes, 1 ½ hours prior to exam. Keep bladder full, do not empty bladder until instructed by technologist.

Upper GI, Esophagram, Small Bowel:

Nothing to eat or drink after midnight before test. No gum or nicotine day of exam.